



FALL
CLASSES

MONDAY

3:50-4:50PM

Nature in Your Hands (K-5)
Free Play (K-5)
Karate (K-5)
Flamenco (K-5)

4:50-5:50PM

Duck, Dip, Dive, Dodgeball (K-5)
Recycled Art (K-5)

TUESDAY

3:50-4:50PM

Characters and Comics (K-5)
Acting (K-2)
Homework Aid (1-5)
Soccer League (K-5)
(two hour practice class/Fri. is game day)

4:50-5:50PM

FFC Explorers (K-5)
Soccer League continues
NEW *Imagination Station (K-5)

FALL SEMESTER: AUG. 14 – DEC. 15, 2017

WEDNESDAY

12:40-1:40PM

Indoor Soccer (K-2)
Acting (3-5)
NEW *Open Art Studio (K-2)
NEW Whiffle Ball (3-5)
Ballet (K-5)

1:40-2:40PM

Indoor Soccer (3-5)
NEW 16mm Film Fun (2-5)
NEW *Open Art Studio (3-5)
Outdoor Free Play (K-5)
Homework Aid (1-5)

2:40-3:40PM

NEW Folk Music and Song (K-5)
Fit Body Fun (K-5) **NEW**
*Engineering and Architecture (3-5)
NEW Intro to Yoga (K-5)

3:50-4:50PM

Garden to Pantry (2 hour class) (K-5)
Duck, Dip, Dive, Dodgeball (K-5)
Intro to Martial Arts (K-5)

4:50-5:50PM

*Garden to Pantry continues
Choose Your Game (K-5)

260-6106 441 MONROE NE
learn@zfamilyfocuscenter.org
zfamilyfocuscenter.org *\$15 materials fee



ZFFC
SINCE 1991

THURSDAY

3:50-4:50PM

NEW Canciones y Cuentos (K-5)
(Spanish Through Play)
Free Play (K-5)
NEW *Printmaking (K-5)

4:50-5:50PM

Lego Builders (K-5)
NEW *Printmaking (K-5)

FRIDAY

3:50-4:50PM

Soccer League (K-5)
(two hour game day/Tues. is practice day)
Choose Your Game (K-5)
NEW *Open Art Studio (K-5)
Piano/Guitar Studio (K-5)

4:50-5:50PM

Duck, Dip, Dive, Dodgeball (K-5)
Soccer League continues

EARLY REGISTRATION AUGUST 9-25



NEW CLASS DESCRIPTIONS

NEW MORNING MINDFULNESS PROGRAM

Circle time, music and movement, yoga, stretching and more. SEE THE DESCRIPTION ON THIS PAGE.

- **Canciones y Cuentos/Spanish Through Play:** Students will focus on vocabulary acquisition with basic grammar principles learned through stories, games and fun activities. Get comfortable with the sounds and rhythms of Spanish! There will be short performances, songs and storytelling!
- **16 mm Film Fun:** Make 16mm loops and short films using film scraps. We will be viewing older, educational films. This is a rare chance to experience 16mm film in the digital age.
- **Engineering and Architecture:** Students will experiment with building projects on a small scale using recycled materials. Think miniature earth ships!
- **Printmaking:** We will design, screen print and create our own fabric-based projects. The class will focus on building community and mentorship while the students learn basic screen printing and hand sewing techniques.
- **Imagination Station:** Art making stations for creating and exploring in a wide range of mediums.
- **Open Art Studio:** Each week students will work with different materials to create art in a collaborative hands-on maker's workshop.
- **Whiffle Ball Stats:** While playing whiffle ball students will work on tracking their stats, batting average, runs scored, etc...
- **Folk Music and Song:** Learn about the history of folk music through song in this interactive class. We will be singing and playing music!
- **Yoga:** Learn the basics of yoga: poses, breathing and stretching. Improve balance, strength and flexibility!
- **Martial Arts:** Tai Chi, games and self defense.

ZFFC HISTORY

The Family Focus Center, a non-profit, was founded in 1991 and the building completed in November of 1995. The multi-purpose building was funded as a joint venture between the Albuquerque Public Schools and the Junior League of Albuquerque. In addition to a first rate gym which doubles as a performance area for music, theatre, assemblies and special presentations, the ZFFC also houses four auxiliary classrooms that are used for music, art, cooking and dance during school hours, and for a comprehensive program of classes for children after school.

The instructors at ZFFC are talented professionals and community members. Some, like Celia Dale and Steve Sanchez have been teaching for many years. Anyone is welcome to sit in on a class, talk with, and request references for any of our instructors. You will quickly see our instructor's dedication to providing excellent learning opportunities for children in a safe and nurturing environment. Each semester brings a new menu of top-rate classes to the ZFFC taught by an ever-expanding list of extremely talented teachers.

- **Mission/** The mission of the Zia Family Focus Center is to provide an after school enrichment program in a safe, nurturing, and fun environment for the children it serves at minimal cost for families.
- **Vision/** The Zia Family Focus Center strives to be a valuable youth development program for the community we serve. Recognition is earned through the positive experiences we provide to children and families.
- **Core Values/** Integrity, Responsibility, Individuality, Diversity, Self-worth, and Appreciation

We believe that "Family" means more than just home. It extends to friends, neighbors, businesses and institutions that work together to create a positive place to live, work, play and learn.

ZFFC STAFF

- PROGRAM DIRECTOR:** SANDRA MARROQUIN EVANS
- ASSISTANT PROGRAM DIRECTOR:** LAURA RATCLIFFE
- OFFICE MANAGER:** ISIS ORELLANA
- OFFICE ASSISTANT:** JANIE LESTER

260-6106 441 MONROE NE
learn@zifamilyfocuscenter.org
zifamilyfocuscenter.org

FALL CALENDAR

- August 9-25** Early registration discount
- August 14** Semester begins
- August 25** Parent Night Out 6-9pm
- September 4** Day Camp 9-5pm
- September 5** Morning Program begins
- September 29** Parent Night Out 6-9pm
- October 12-13** Day Camps 9-5pm
- October 27** Parent Night Out 6-9pm
- November 10** Parent Night Out 6-9pm
- November 20-21** Day Camps 9-5pm
- November 22-24** Thanksgiving Break
- TBA!** ZFFC WINTER TALENT SHOW
- December 18-January 2** Winter Break
- January 3** Spring Semester begins

ZFFC PRESENTS OUR NEW MORNING PROGRAM!

MORNING MINDFULNESS AT ZFFC

Each day will include music and movement, yoga, stretching and more. Start the day in positive way creating mindfulness through purposeful quiet thinking, focused breathing, and thematic activities to prepare for a successful school day. **FACILITATED BY LISA CHANEY:** Lisa has been an educator for 20 years and has taught students from pre-school age to adults. She has studied ballet, international folk dancing, hip hop and Latin dance. Lisa has attended a 500 hour yoga instructor training. She enjoys sharing her diverse skills and knowledge.

PROGRAM BEGINS SEPTEMBER 5TH





SHAMS AZIMY

Shams has worked at the Zia Family Focus Center for four years teaching dodgeball, outdoor fun fitness, kick-ball, lego building, and drawing in addition to supervising our monthly parent night out events. He works for the City of Albuquerque Parks and Recreation Program in the summer and has also volunteered at Emerson Elementary School in their library. (FREE PLAY, CHOOSE YOUR GAME, LEGO BUILDERS, DODGEBALL)

ANDREW BALDWIN

Andrew was born and raised in Albuquerque. He has been playing soccer since the age of 4, in AYSO, the Duke City Soccer League and varsity soccer at Taos High School. At age 23 he relocated to New York City where he continued to play soccer and won the "Golden Boot" an annual award for scoring the most goals in both the New York Indoor Corporate League and the New York Co-ed League. He is happy to have the opportunity to teach kids how to have fun playing this beautiful game while learning the value of teamwork and hard work, which will help them excel in life as well as in sports. (SOCCER LEAGUE, WHIFFLE BALL STATS, ENGINEERING AND ARCHITECTURE, OUTDOOR FREE PLAY)

LISA CHANEY

Lisa has been an educator for 20 years and has taught students from pre-school age to adults. She has studied ballet, international folk dancing, hip hop and Latin dance. Lisa has attended a 500 hour yoga instructor training. She enjoys sharing her diverse skills and knowledge. (YOGA, HOMEWORK, MORNING MINDFULNESS PROGRAM)

260-6106 441 MONROE NE
 learn@zifamilyfocuscenter.org
 zifamilyfocuscenter.org

SINCE 1991

EXCELLENT, AFFORDABLE BEFORE AND AFTER-SCHOOL ENRICHMENT PROGRAM
 ZFFC IS A NON-PROFIT ORGANIZATION
 DONATIONS ARE TAX DEDUCTIBLE

CELIA DALE

Celia is the owner/director of the Hayden School of Ballet. She has 20 years experience teaching. Celia has a BFA in Dance and earned a reputation for providing exceptional pre-ballet and ballet education. She is a local choreographer who has staged work for the New Mexico Symphony Orchestra, the Albuquerque Little Theater and the Ballet Theater of New Mexico. (BALLET, OPEN ART STUDIO/FRI.)

SARAH DEWEY

Sarah grew up in Albuquerque's South Valley. She teaches art at local non-profits. If she is not creating her own art, she hangs out with dogs, plays piano and experiments in the kitchen. She is most interested in cultivating community and self empowerment through the arts. (NATURE IN YOUR HANDS, PRINTMAKING, COMICS, RECYCLED ART, IMAGINATION STATION)

DINORAH DUNHAM

Dinorah hails from Havana Cuba. She came to the US over fifty years ago, as an English Language Learner. She acquired English via full immersion, and believes it is the best way to learn a new language. Her teaching philosophy encourages students to practice language in the context of everyday life (HOMEWORK, CANCIONES Y CUENTOS)

SARAH HARTSHORN

Sarah has been studying dance since age 3. She received her MA in Dance History from UNM in 2008. She has been teaching and performing flamenco for over 15 years. Sarah teaches Humanities and Flamenco at the Tierra Adentro Charter school. (FLAMENCO)

JENETTE ISAACSON

Jenette received her BFA in acting from UNM and her MFA in Theatre from Towson University. She is a singer, performer, director, and theatre-maker, her work ranges from experimental to traditional. She has over fifteen years experience in theatre; her mediums also include film and video. (ACTING, 16MM FILM)



JOE SANCHEZ

Joe has ten years of musical experience as well as advanced knowledge of music theory and recording experience. He gives private guitar and piano lessons. Joe also teaches many of our fitness classes, he encourages teamwork and fair play. (GUITAR/PIANO, FIT BODY FUN, DODGEBALL, CHOOSE YOUR GAME)

STEVEN K. SANCHEZ

Steven Sanchez worked for the Department of Homeland Security and Transportation Security Administration as a Transportation Security Inspector (TSA) since 2002. Before starting with the TSA he retired from Continental Airlines after 33 years of service. Mr. Sanchez has worked at ZFFC for over 11 years and with Kojosho karate for 45 years. (KARATE, MARTIAL ARTS)

JACK WEST

Jack is a small-scale organic market farmer in Albuquerque. He has worked on various organic farms for 9 years, 7 of those as a farm manager and 3 running his own market garden, Peas and Hominy Farm. He also loves soccer. Jack helmed the ZFFC soccer league in 2015-2016 and the soccer camp in 2016-17. He teaches Life Lab to Zia's 3rd graders. (INDOOR SOCCER, FOLK MUSIC, GARDEN TO PANTRY)

IAN ZACHRY

Ian has been an educator in Albuquerque for eight years, specializing in autism and physical movement. He taught a nature camp and a maker's workshop at ZFFC this summer. (FFC EXPLORERS, COMICS, OPEN ART STUDIO/WED., NATURE IN YOUR HANDS)